

# Writing a Reflection Paper

If you are not provided with specific guidelines from your instructor, you can communicate your ideas clearly and effectively following these steps:

## I. Introduction:

- Introduce the material you are reflecting on
  - Include: Title, Author Name
  - Briefly summarize the book/journal, or work and the main themes
  - Thesis statement how it impacted your perspective or changed your understanding

## II. Body Paragraphs:

- Support your thesis (Min. 3-4 paragraphs)
  - Include specific quotes or examples to support your claims whenever it is relevant
    - Incorporate **real-life examples**
  - Address the strengths and weaknesses of the author's claims or thoughts
    - Perform **critical analysis**
      - *Engage in active reading*
      - *Identify author's main argument*
      - *Evaluate the evidence*
      - *Analyze tone and style*
      - *Identify assumptions*
      - *Consider alternative perspective*
      - *Assess the author's credibility* - expertise, biases, and motives
      - *Understand the context*
      - *Synthesize your analysis*
  - Reflect rather than summarize your points
    - Focus on one **central idea** or experience
  - Make personal connection with the author's work
    - Engage in **deep introspect**

## III. Conclusion:

- Summarize your points
  - Make sure your body paragraphs support your thesis
  - Summarize the overall effect on you